It has been over two years since I first walked into Dr. Sheldon's office. I had made an appointment to get a second opinion regarding gum surgery my dentist at that time wanted to do on my lower teeth. I had just recovered from having my upper mouth done. It had been a horrible, painful experience. And my mouth looked terrible. After the Exam, Dr. Sheldon assured me that I did not need the surgery on the lower gums. But confirmed my upper teeth were in trouble. I had lost a lot of bone and was about to loose more teeth. It made me sick to thing of all the money I had spent on crowns, bridges and misc. painfull procedures and nothing had been said about the extreme bone loss until now. I knew at that point I needed to change my Doctor.

I then chose Dr. Mike McHenry for my Dentist. Dr. Sheldon, and Dr. McHenry came up with a plan to correct the problem. It would take approximately two years to complete. I needed a double sinus lift, bone transplant and tooth implants, six to be exact. I was going to loose all the crowns, bridges and a couple more teeth in the process. (I wish I had known of Dr. Sheldon earlier.) I chose to proceed ahead with the double sinus lift and bone transplant. The procedure done on a Friday by Dr. Sheldon, I can honestly say I had pain afterwards. I did have swelling (I didn't recognize myself in the mirror for a few days but no pain!) By the following Wed. the swelling was gone, and on Sunday morning I was greeting at church and no one could believe I had that surgery the week before. The implants came later, again without a problem and no pain.

Thanks to Dr. McHenry, I was never without teeth, the temporary bridge I wore for almost two years looked & felt great, and I could eat anything I normally ate before. The two years flew by and the transition from the temporary bridge to the permanent crowns and implants went perfect. My mouth has never looked or felt better!

Thanks to Dr.s Sheldon & McHenry and their wonderfull surgical & office team for job well done. I also want to thank the skillful work of the lab that created the permanent teeth.

I highly recommend Dr. Sheldon doing the surgery for the procedures mentioned above, and Dr. McHenry my dentist as part of the team.

Caral Schapke